

1
2
3
4 UNITED STATES DISTRICT COURT
5 WESTERN DISTRICT OF WASHINGTON
6 AT SEATTLE

7 NATHANIEL BIKLEN,

8 Plaintiff,

9 v.

10 NANCY A. BERRYHILL,
Acting Commissioner of Social Security,

11 Defendant.

Case No. 3:17-cv-06070-BAT

**ORDER AFFIRMING AND
DISMISSING WITH PREJUDICE**

12 Nathaniel Biklen appeals the decision of the Administrative Law Judge (ALJ) finding
13 him not disabled. Plaintiff contends the ALJ erred in failing to consider limitations arising from
14 Klinefelter's Syndrome and that this error impacted the weight given to the medical opinion
15 evidence and to Plaintiff's allegations concerning the severity of his impairments. Dkt. 10.
16 Plaintiff seeks remand for further proceedings. *Id.* As discussed below, the ALJ did not err and
17 her decision is supported by substantial evidence. Accordingly, the Court **AFFIRMS** the
18 decision and **DISMISSES** the case with prejudice.

19 **BACKGROUND**

20 On November 30, 2012, Plaintiff protectively filed an application for Supplemental
21 Security Income, alleging disability beginning June 2, 1980. Tr. 200-01. The claim was denied
22 initially on May 17, 2013 and upon reconsideration on January 22, 2014. Tr. 140-42, 147-48.
23 Plaintiff testified at an initial hearing on August 26, 2015. The hearing was continued to allow

1 Plaintiff to obtain representation and additional medical documentation. Plaintiff appeared with a
2 non-attorney representative and testified at a supplemental hearing on June 23, 2016. Patricia B.
3 Ayerza, a vocational expert, also testified. Tr. 58-108. On September 28, 2016, the ALJ issued a
4 decision finding that Plaintiff was not disabled. Tr. 17-34. On October 26, 2017, the Appeals
5 Council denied review. Tr. 1-4.

6 Utilizing the five-step disability evaluation process (20 C.F.R. §§ 404.1520, 416.920), the
7 ALJ found, at steps one through three, that Plaintiff has not engaged in substantial gainful
8 activity since November 30, 2012 and Plaintiff has the severe impairment of bipolar disorder. Tr.
9 22. The ALJ acknowledged Plaintiff was born with Klinefelter syndrome,¹ but determined the
10 condition does not constitute a severe medically determinable impairment. *Id.* The ALJ
11 concluded Plaintiff does not have an impairment or combination of impairments that meets or
12 medically equals the severity of one of the listed impairments (20 C.F.R. Part 404, Subpart P.
13 Appendix 1). *Id.*

14 Prior to completing step four, the ALJ found Plaintiff had the residual functional capacity
15 (RFC) to perform a full range of work at all exertional levels with the following non-exertional
16 limitations: he is able to remember, understand and carry out tasks or instructions consistent with
17 a specific vocational preparation (SVP) rating of 1 or 2; he would do best only having occasional
18 interaction with the general public, such as brief meetings, but not in depth conversations such as
19 mediations or negotiation type tasks; and he may interact with coworkers, but he should not
20

21 ¹ Klinefelter syndrome is a genetic condition that results when a boy is born with an extra copy of
22 the X chromosome. Retrieved from internet at: [https://www.mayoclinic.org/diseases-](https://www.mayoclinic.org/diseases-conditions/klinefelter-syndrome/symptoms-causes/syc-20353949)
23 [conditions/klinefelter-syndrome/symptoms-causes/syc-20353949](https://www.mayoclinic.org/diseases-conditions/klinefelter-syndrome/symptoms-causes/syc-20353949); *See also* Dkt. 10 at 2-3,
Plaintiff's Brief citing articles which describe generally, deficits that people with Klinefelter
syndrome may experience.

1 perform tasks requiring teamwork. Tr. 24. As Plaintiff has no past relevant work, the ALJ
2 proceeded to step five, where he relied on the testimony of the vocational expert, in concluding
3 Plaintiff would be able to perform the requirements of occupations such as janitor, hand
4 packager, and laundry worker. Tr. 33.

5 DISCUSSION

6 A. The ALJ Did Not Err At Step Two

7 Plaintiff asserts that the ALJ erred in finding that his Klinefelter syndrome was not a
8 severe impairment (Dkt. 10 at 2-4), but concedes that the error was “not, in itself harmful.” *Id.* at
9 4. Rather, Plaintiff contends that the harm occurred when the ALJ failed to consider the effect of
10 symptoms attributable to his Klinefelter’s syndrome – particularly the psychological or cognitive
11 symptoms – when she evaluated the medical evidence, Plaintiff’s testimony, and lay witness
12 testimony. Dkts. 10 and 16. Accordingly, no harmful error occurred at step two.

13 B. The ALJ Did Not Err in Weighing the Medical Evidence

14 To reject the uncontroverted opinion of a treating or examining physician, an ALJ must
15 articulate “clear and convincing” reasons for so doing. *Bayliss v. Barnhart*, 427 F.3d 1211, 1216
16 (9th Cir. 2005) (citing *Lester v. Chater*, 81 F.3d 821, 830-831 (9th Cir. 1995)). If a treating or
17 examining physician's opinion is in conflict with substantial medical evidence or with another
18 physician’s opinion, however, it may be rejected for merely “specific and legitimate reasons.” *Id.*

19 1) Lawrence Moore, Ph.D., Examining Psychologist

20 Plaintiff contends the ALJ erred when she discounted the opinion of Dr. Moore as Dr.
21 Moore was the only medical provider who considered the impact of his Klinefelter’s syndrome
22 on his cognitive functioning. In May 2016, Dr. Moore diagnosed Plaintiff with major
23 neurocognitive disorder with features of executive dysfunction and bipolar disorder most recent

1 episode manic. Dr. Moore interviewed Plaintiff and administered psychological testing on which
2 Plaintiff generally scored in the average to low-average range. Tr. 825-826. Dr. Moore
3 acknowledged that this objective testing generally failed to reveal cognitive or psychological
4 functioning deficits, but suggested his observations during the examination along with Plaintiff's
5 history revealed a "clear picture of executive dysfunction that is manifested through cognitive,
6 behavioral, and social deficits" that undermined Plaintiff's employment prospects. Tr. 827, 831.
7 Dr. Moore did not articulate specific limitations or offer an opinion as to what Plaintiff was
8 capable of doing despite any limitations. Tr. 815-31.

9 Based on his observations of Plaintiff during his examination, Dr. Moore opined that
10 Plaintiff's primary cognitive difficulties are linked to a significant executive dysfunction. From a
11 cognitive standpoint, he noted Plaintiff was notably disorganized, showed deficits in decision
12 making and demonstrated an extremely slow pace. From a behavioral standpoint, he noted
13 Plaintiff exhibited prominent disinhibition, did not manage well with lack of structure, and
14 demonstrated inappropriate behaviors. From a social standpoint, he noted Plaintiff was socially
15 immature and had a profound lack of insight regarding his deficits. Dr. Moore opined that even
16 with a strong treatment team and regular psychotherapy and taking psychoactive medications,
17 Plaintiff may continue to demonstrate underlying executive dysfunction that interferes with his
18 ability to maintain a fully independent lifestyle and be competitive in the work environment and
19 suggested Plaintiff consider disability compensation and/or vocational rehabilitation services. Tr.
20 827-831.

21 Dr. Moore opined that Plaintiff's significant executive dysfunction is "*possibly* related to
22 Klinefelter syndrome," as some research suggests that executive dysfunction and learning
23 disabilities are potentially linked to this condition. Tr. 827 (emphasis added). However, he also

1 noted that Plaintiff has a history of repeated head injuries and Vitamin D deficiency that could
2 clearly exacerbate, lower the threshold for the expression of cognitive deficits, or contribute to
3 his cognitive difficulties. *Id.* Another area identified by Dr. Moore as being possibly related to
4 Plaintiff's Klinefelter syndrome is Plaintiff's fluctuating testosterone levels, which have also
5 been correlated with mood difficulties. However, Dr. Moore also notes "psychiatric functioning
6 has also emerged as a significant factor in this individual's overall situation even separate from
7 testosterone fluctuations and substance abuse" and while Plaintiff's "psychiatric condition [is] to
8 some extent related to testosterone and has historically been exacerbated by substance use" it
9 also "appears to reflect a primary underlying mood disorder with psychotic features." Tr. 828.

10 The ALJ assigned limited weight to Dr. Moore's opinion because (1) Dr. Moore did not
11 have access to Plaintiff's treatment records (including his psychiatric admission in January 2013
12 or Dr. Cohn's evaluation report) and therefore, his opinions were primarily based on testing and
13 observing Plaintiff at the time of his evaluation; and (2) there were significant differences in how
14 Plaintiff presented to Dr. Moore with how he presented to Dr. Alvord in December 2015 and to
15 his treatment providers. Tr. 32 (citing Exhibit 13F). The ALJ did not err in deciding to give little
16 weight to Dr. Moore's opinions.

17 Dr. Moore acknowledged he had an incomplete diagnostic history of Plaintiff:
18 "Unfortunately, the only records available for review are old records that reflect academic
19 interventions when he was young and a single psychological evaluation from December 2015."
20 Tr. 817. In addition, Dr. Moore's evaluation of Plaintiff occurred less than two weeks after
21 Plaintiff sought treatment for a manic episode where he had not slept well for ten days. Tr. 705.
22 At that time, Plaintiff indicated he was not taking his medications (Tr. 705) and he continued to
23 smoke marijuana and drink alcohol (Tr. 706). Dr. Moore acknowledged and opined that

1 Plaintiff's substance use "has confounded the overall clinical picture." Tr. 828.

2 The ALJ also noted that had Dr. Moore evaluated Plaintiff at a different time, "it is likely
3 [Plaintiff's] presentation would have been more consistent with his usual presentation as
4 reflected in the rest of the record of evidence." Tr. 32. Plaintiff argues that such a conclusion is
5 based merely on conjecture, but here the ALJ was not merely conjecturing; rather, she was
6 relying on Plaintiff's "medical history [, which] shows that there is usually a significant period of
7 time between these episodes and they are generally of short duration after he takes his
8 medication and sleeps." For this reason, the ALJ gave more weight to Dr. Alvord's opinions as
9 "his observations are more consistent with Dr. Cohn's evaluation and most of the other medical
10 examinations in the record that reflect the claimant's typical presentation...." Tr. 32.

11 The ALJ did not err in discounting Dr. Moore's opinion because it was based on an
12 incomplete diagnostic picture of Plaintiff's conditions. An ALJ may reject an opinion that is
13 inconsistent with the medical record. *Tommasetti v. Astrue*, 533 F.3d 1035, 1041 (9th Cir. 2008).
14 An ALJ may also reject an opinion that is based on a poor diagnostic picture of the claimant. *See*
15 *Chaudhry v. Astrue*, 688 F.3d 661, 671 (9th Cir. 2012) (upholding ALJ's rejection of examining
16 physician's contradicted opinion because, inter alia, it "was predicated in part on her erroneous
17 belief that Chaudhry's wheelchair and cane were prescribed" and because "[t]he ALJ's
18 conclusion was supported by the observations of many of the providers who evaluated
19 Chaudhry.").

20 The ALJ also noted significant differences in how Plaintiff presented to Dr. Moore and
21 how Plaintiff presented to other providers. Tr. 32. An opinion's consistency with the record as a
22 whole is an important factor when considering what weight to give the opinion. 20 C.F.R. §
23 416.927(c)(4). Dr. Moore described Plaintiff as someone who exhibited pervasive executive

1 dysfunction that affected his cognitive, behavioral, and social abilities to a significant degree. Tr.
2 828. Conversely, treatment notes consistently suggested only mild to moderate deficits. Tr. 465,
3 486, 490 (GAF Score: 60); Tr. 499 (GAF Score: 70); Tr. 501 (GAF Score: 70); Tr. 505-06 (GAF
4 Score: 70); Tr. 508, 510, 610, 640-41, 643-44, 808-09.²

5 Furthermore, Dr. Moore's narrative was inconsistent with the opinions and examination
6 findings of at least two other psychologists who examined Plaintiff (Michael Cohn, Ph.D., in
7 March 2013 and Scott Alvord, Psy.D., in December 2015). Tr. 32. Dr. Cohn noted that despite
8 some tangential thought processes, Plaintiff appeared "coherent and organized" and exhibited no
9 deficits. Tr. 548-553. Similarly, Dr. Alvord found that Plaintiff functioned within normal
10 neurocognitive limits. Tr. 696. He opined that Plaintiff would have only mild to moderate
11 difficulties attending work regularly, completing a normal workweek, and performing work
12 activities on a consistent basis without additional accommodations. Tr. 696-97. And he opined
13 that Plaintiff would have no difficulty performing even detailed and complex tasks. Tr. 696-97.
14 Dr. Cohn's and Dr. Alvord's opinions were both supported by objective testing showing that
15 Plaintiff generally functioned within the average to low average range. Tr. 549-52, 694-96.

16 "The ALJ is responsible for resolving conflicts in the medical record." *Carmickle v.*
17 *Commissioner*, 533 F.3d 1155, 1164 (9th Cir. 2008) (citing *Benton v. Barnhart*, 331 F.3d 1030,
18 1040 (9th Cir. 2003); *see also Thomas v. Barnhart*, 278 F.3d 947, 956-57 (9th Cir. 2002) ("When
19 there is conflicting medical evidence, the Secretary must determine credibility and resolve the
20 conflict.") (quoting *Matney on Behalf of Matney v. Sullivan*, 981 F.2d 1016, 1019 (9th Cir.

21 ² A GAF score of 60 reflects moderate symptoms or moderate difficulty in social, occupational,
22 or school functioning and a GAF score of 70 suggests some mild symptoms or mild difficulty in
23 social, occupational, or school functioning, but indicates the individual is "generally functioning
pretty well." AMERICAN PSYCHIATRIC ASSOCIATION, DIAGNOSTIC AND STATISTICAL MANUAL OF
MENTAL DISORDERS IV-TEXT REVISION, p. 34 (4th ed. 2000) (DSM-IV-TR).

1 1992)). Because the ALJ gave legally valid justifications for the weight he assigned to Dr.
2 Moore's opinion and substantial evidence supports the ALJ's reasoning, the ALJ did not err in
3 discounting Dr. Moore's opinion. *See Batson v. Comm'r of Soc. Sec. Admin.*, 359 F.3d 1190,
4 1193 (9th Cir. 2004) (even where "evidence exists to support more than one rational
5 interpretation, [the court] must defer to the Commissioner's decision.").

6 2) Dr. Alvord, Examining Psychologist

7 Dr. Alvord examined Plaintiff in December 2015. He conducted a psychological
8 examination that included objective testing, a clinical interview, mental status examination, and
9 review of records, including Plaintiff's prior psychological evaluation. Tr. 691-97. At that time,
10 Plaintiff presented with no psychiatric distress or apparent anomalies; his thought processes were
11 intact and his speech was within normal limits; his long term and short term and immediate
12 memories were all intact, and his attention and concentration were within normal limitations. Tr.
13 31. Dr. Alvord diagnosed Plaintiff with bipolar affective disorder, narcissistic personality traits,
14 and a history of alcohol and cannabis abuse. *Id.* Dr. Alvord concluded Plaintiff would have no
15 difficulties performing detailed and complex tasks or interacting with supervisors, co-workers, or
16 the public. Tr. 697. He endorsed only mild to moderate limitations in Plaintiff's ability to
17 consistently perform work activities, maintain regular attendance, complete a normal
18 workday/workweek without interruption, or deal with usual workplace stress. Tr. 697.

19 Plaintiff argues that the ALJ erred in giving great weight to Dr. Alvord's opinions
20 because Dr. Alvord, unlike Dr. Moore, failed to speculate about whether the mental limitations
21 he observed were caused by Plaintiff's Klinefelter's syndrome. Plaintiff fails to establish that the
22 ALJ erred by giving weight to Dr. Alvord's opinion. In addition, Dr. Alvord, like Dr. Moore,
23 noted the difficulties of determining the effect of Plaintiff's Klinefelter's syndrome vis-à-vis his

1 bipolar disorder and mood cycling. When questioned about his long-term symptoms, Plaintiff
2 described most, if not all, diagnostic criteria of Bipolar Disorder and Dr. Alvord noted that the
3 symptoms are “somewhat confounded by hypogonadism related to Klinefelter’s syndrome” for
4 which Plaintiff takes testosterone – Plaintiff describes mood cycling which occurs after he takes
5 his testosterone shots and when the shots “start to wear off.” Plaintiff also described the
6 testosterone as primarily increasing his energy and motivation. Dr. Alvord noted this is
7 “somewhat of a confound given the fact that similar symptoms can be expected with a cyclical
8 mood disorder.” Tr. 693. Similarly, Dr. Alvord noted “it is somewhat difficult to truly clarify the
9 nature of his mood cycling given Klinefelter’s” when considering Plaintiff’s descriptions of
10 manic episodes where he is less energetic and has difficulty getting out of bed. *Id.* He also noted
11 that it appeared Plaintiff had not received adequate treatment for this condition and opined that
12 more intensive psychiatric care would improve his functioning dramatically, but that
13 neurocognitively, Plaintiff is functioning within normal limits. Tr. 696.

14 Dr. Alvord’s consideration of Plaintiff’s Klinefelter’s syndrome does not appear to be
15 markedly different from that of Dr. Moore’s. Dr. Moore also acknowledged Plaintiff’s mood
16 difficulties, which are related to Plaintiff’s fluctuating testosterone levels, but ultimately
17 concluded that Plaintiff suffers from an underlying mood disorder with psychotic features
18 separate from testosterone fluctuations and substance abuse. Tr. 828.

19 The Court finds that the ALJ’s interpretation of Dr. Alvord’s assessment and impressions
20 of Plaintiff’s limitations was reasonable and supported by substantial evidence. Accordingly, the
21 ALJ’s decision to give great weight to Dr. Alvord’s opinion shall be upheld.

22 //

23 //

1 **C. The ALJ Did Not Err in Weighing Plaintiff's Allegations**

2 Newly revised Social Security Ruling ("SSR") 16-3p, 2017 WL 5180304, at *13,
3 provides guidance on how adjudicators should evaluate a claimant's statements. SSR 16-3p is
4 applicable to the ALJ's decision issued September 28, 2016, as adjudicators will apply SSR 16-
5 3p in making decisions on or after March 28, 2016. 82 Fed. Reg. 49, 468. SSR 16-3p eliminates
6 the use of the term "credibility" and instead focuses on an evidence-based analysis of the
7 administrative record to determine whether the nature, intensity, frequency, or severity of an
8 individual's symptoms impact his or her ability to work. SSR 16-3p does not, however, alter the
9 standards by which courts will evaluate an ALJ's reasons for discounting a claimant's testimony.
10 To reject subjective complaints, an ALJ must provide "specific, cogent reasons" and, absent
11 affirmative evidence of malingering, must reject a claimant's testimony for "clear and
12 convincing" reasons. *Morgan v. Commissioner of SSA*, 169 F.3d 595, 599 (9th Cir. 1999); *see*
13 *Carmickle v. Commissioner, SSA*, 533 F.3d 1155, 1160 n.1 (9th Cir. 2008) (rejecting proposition
14 that there must be a specific finding of malingering; rather, it is sufficient that there be
15 affirmative evidence suggesting malingering.

16 Plaintiff testified he has significant cognitive impairments, poor concentration and
17 memory. He stated he gets scattered because he has so many talents and interests, he is easily
18 distracted and forgetful, it takes him a long time to do normal tasks, and he has difficulty
19 following instructions because he hears things wrong or confuses things that he has read and
20 then he does things the wrong way. He also feels people get frustrated with him, he does not
21 have good organizational skills, and he gets overwhelmed by stress. When he is manic he has
22 fast speech, he cannot really finish or get to a conclusion or answer a question, he gets long
23

1 winded, he has a hard time concentrating and he has a hard time staying seated. When he is
2 depressed, he will stay in bed and sleep, sometimes for a week at a time. Tr. 25.

3 The ALJ found Plaintiff's medically determinable impairments could reasonably be
4 expected to cause the alleged symptoms, but found that his statements concerning the intensity,
5 persistence and limiting effects of these symptoms were not entirely consistent with Plaintiff's
6 daily activities, his failure to follow treatment recommendations, and the objective medical
7 findings. Tr. 25-28.

8 An ALJ may discount a claimant's testimony if it is inconsistent with the claimant's daily
9 activities, or if the claimant's participation in everyday activities indicates capacities that are
10 transferrable to a work setting. *Orn v. Astrue*, 495 F.3d 625, 639 (9th Cir. 2007); *Molina v.*
11 *Astrue*, 674 F.3d 1104, 1112-13 (9th Cir. 2012). A claimant, however, need not be utterly
12 incapacitated to receive disability benefits, and sporadic completion of minimal activities is
13 insufficient to support a negative credibility finding. *Vertigan v. Halter*, 260 F.3d 1044, 1050
14 (9th Cir. 2001); *see also Reddick v. Chater*, 157 F.3d 715, 722 (9th Cir. 1998) (requiring the
15 level of activity to be inconsistent with the claimant's alleged limitations to be relevant to his or
16 her credibility).

17 Here, the ALJ noted that Plaintiff described daily activities are inconsistent with his
18 complaints of disabling symptoms and limitations, as the activities he describes show that he is
19 active and independent despite his mental impairment. Tr. 23-24, 28. The ALJ further noted that
20 Plaintiff's described daily activities support the psychological testing, which shows that he is
21 generally cognitively intact and is able to complete simple and some complex tasks. Tr. 28. For
22 example, Plaintiff testified that he lives by himself in a rental house, he tends to his personal care
23 needs independently, he prepares his own meals and can prepare really good meals when he

1 cooks; he is able to do household chores such as general cleaning, sweeping and laundry; he
2 regularly does yard work including mowing the lawn, weeding, composting, trimming hedges,
3 and planting and tending a vegetable garden. He performs projects around the house including
4 sanding and painting a bedroom. Plaintiff has a driver's license and is able to drive and he is
5 involved in several activities and hobbies such as hiking, biking, kayaking, meditating, and doing
6 yoga. *Id.* As to social functioning, the ALJ noted Plaintiff has moderate difficulties but he has
7 friends and is close to his parents and is also able to go out independently, use public
8 transportation, and attend appointments independently. He has a girlfriend and has had
9 girlfriends in the past. He goes out to a yoga center, the park, to a rock climbing gym, and bars
10 by himself. Tr. 28.

11 With regard to concentration, persistence or pace, the ALJ noted Plaintiff has moderate
12 difficulties but noted Plaintiff's hobbies require capabilities in these areas of functioning;
13 specifically, he paints, routinely produces art and has had art openings; he also learns to play and
14 make different flutes, practices perfecting magic tricks, and does yoga. Plaintiff reported being
15 able to play video games for several hours at a time. Tr. 23-24. Plaintiff also reads, uses a
16 computer and watches television and movies, and cares for his two cats. Tr. 28.

17 In short, the ALJ reasonably found Plaintiff's activities as whole were inconsistent with
18 the level of debilitating symptoms that Plaintiff alleged. The ALJ also noted significant
19 inconsistencies between Plaintiff's alleged symptoms of his mental impairments preventing him
20 from working "and the minimal objective medical findings." Tr. 25. Inconsistency between a
21 claimant's symptom allegations and the medical evidence is a clear and convincing reason to
22 reject a claimant's credibility. *Molina v. Astrue*, 674 F.3d 1104, 1113 (9th Cir. 2012). Although
23 Plaintiff alleged cognitive issues and learning disorders, the ALJ noted that these are not evident

1 in the record and instead, the record showed that Plaintiff has been observed to have normal
2 intelligence and no memory deficits. Tr. 25 (citing Exhibits 4F, 11F, 19F) (neurocognitive
3 testing showing functions in the average to low average range). While acknowledging that
4 Plaintiff “had accommodations in school,” the ALJ also noted that Plaintiff was able to obtain a
5 regular high school diploma and a Bachelors of Arts degree in visual art with a minor in
6 traditional Eastern art. Tr. 25. It was not unreasonable for the ALJ to note that Plaintiff’s
7 academic achievement suggests a level of functioning inconsistent with claims of debilitating
8 cognitive impairments.

9 The ALJ also discounted Plaintiff’s symptoms allegations because Plaintiff did not
10 follow treatment recommendations. A treatment’s effectiveness is relevant to determining the
11 severity of a claimant’s symptoms, and an ALJ may rely on evidence of effective treatment in
12 making a negative credibility finding. 20 C.F.R. § 404.1529(c)(3)(iv)-(v); *Tommasetti v. Astrue*,
13 533 F3d 1035, 1040 (9th Cir. 2008). The ALJ noted that although there are some reports in the
14 record of “episodes of tangential thoughts, paranoia and grandiosity, these episodes are fairly
15 few, are of short duration, and there is a significant amount of time between episodes.” Further,
16 the ALJ noted:

17 ...most of these episodes of increased symptoms appear to have been at the same
18 time as an increase of substance use, lack of sleep, and not taking prescribed
19 medications. With the use of medications and sleep, the claimant appears quickly
20 to stabilize. Notably, the claimant regularly does not take his psychiatric
21 medications as prescribed despite admitting he responds well and feels better on
22 them. He also has admitted being inconsistent with taking his testosterone, which
23 the claimant reported if he uses on time, considerably helps his energy, fatigue,
manic episodes, executive function, concentration and ability to organize.

Tr. 25.

Plaintiff admitted that taking testosterone supplements for his Klinefelter syndrome
improved his fatigue, manic episodes, and alleged symptoms of decreased focus, executive

1 functioning, concentration, and organization. Tr. 309, 681. Plaintiff's providers confirmed his
2 testosterone treatment was effective. Tr. 555. Yet Plaintiff admitted he was often late in taking
3 his supplements. Tr. 681. Providers also noted that Plaintiff's mental health improved when he
4 took his medication and refrained from using drugs and alcohol as recommended. For instance,
5 in November 2012, Plaintiff's psychiatrist noted that Plaintiff's mental health symptoms
6 reportedly improved when taking his medications. Tr. 401. In early January 2013, although
7 Plaintiff was using his medication only intermittently, his psychiatrist remarked that Plaintiff's
8 mood stabilized quickly even with a small, inconsistent dose of mood stabilizer. Tr. 510. In
9 March 2013, Plaintiff denied current alcohol and drug use and endorsed no difficulty in
10 completing activities of daily living. Tr. 547. His examining psychologist reported no functional
11 concerns. Tr. 553. In November 2014, Plaintiff reported that his medication (Abilify) was
12 helpful. Tr. 643. His mental health provider noted on his mental status exam that Plaintiff denied
13 difficulty functioning and that he was doing "pretty good." Tr. 643-44. The provider even
14 encouraged Plaintiff to pursue work. Tr. 643.

15 Records showed that Plaintiff did not want to take medication and often took his
16 psychotropic medications sporadically, only when he felt he needed them (Tr. 488, 503, 508,
17 594, 634, 637, 643, 705, 819-20). And despite recommendations to refrain from using drugs and
18 alcohol, which negatively impacted his mood, sleep, and manic episodes (Tr. 483, 510, 596 637),
19 Plaintiff continued to use these substances (Tr. 595) (Plaintiff occasionally used ecstasy and
20 continued to drink intermittently and use marijuana); Tr. 632 (ongoing alcohol and marijuana
21 use); *accord* Tr. 682, 818, 848.

22 Plaintiff suggests that his behavioral deficits, including his refusal to take medications
23 regularly and continued use of drugs and alcohol against the recommendations of his medical

1 providers “were directly attributable to Plaintiff’s Klinefelter’s syndrome.” He cites to articles
2 describing deficits that people with Klinefelter syndrome may experience, including difficulty
3 with judgment and decision (Dkt. 10 at 2-3), but offers no credible evidence establishing that this
4 condition prevented him from following treatment recommendations. A claimant must offer
5 medical evidence that the failure to seek or follow treatment was attributable to claimant’s
6 mental impairment rather than his personal preference. *Molina v. Astrue*, 674 F.3d 1104, 1113-14
7 (9th Cir. 2012). Instead, Plaintiff relies solely on Dr. Moore’s opinion (Dkt. 10 at 11, citing Tr.
8 828-29), which as discussed above, was appropriately discounted by the ALJ. Moreover, while
9 Dr. Moore opined that Plaintiff’s executive dysfunction diagnosis may possibly be related to his
10 Klinefelter’s syndrome, he offered no opinion on whether Plaintiff’s refusal to take medications
11 regularly or continued use of drugs and alcohol can be directly attributed to Plaintiff’s
12 Klinefelter’s syndrome.

13 The record here showed that Plaintiff functioned well when following treatment
14 recommendations and the ALJ reasonably found that Plaintiff’s choice to take his medications
15 sporadically and to continue using drugs and alcohol undermined the credibility of his
16 allegations. Even if the ALJ erred in relying on this reason for discounting Plaintiff’s testimony,
17 the error would be harmless, as the ALJ relied on other non-erroneous reasons to discount
18 Plaintiff’s credibility. *See Carmickle v. Comm’r, Soc. Sec. Admin.*, 533 F.3d 1155, 1162 (9th Cir.
19 2008) (including an erroneous reason among other reasons to discount a claimant’s credibility
20 does not negate the validity of the overall credibility determination and is at most harmless error
21 where an ALJ provides other reasons that are supported by substantial evidence).

22 Finally, the ALJ found inconsistencies between the claimant’s alleged mental health
23 symptoms and objective medical findings. Although an ALJ may not reject a claimant’s

1 allegations solely because they are not corroborated by objective medical evidence, the medical
2 evidence is still a relevant factor in determining the severity of the alleged symptoms. *Rollins v.*
3 *Massanari*, 261 F.3d 853, 857 (9th Cir. 2001). Here, in contrast to Plaintiff's claim that he
4 suffered significant cognitive impairments including poor memory, poor concentration, and poor
5 organizational skills (Tr. 97-98, 109, 113, 121), Plaintiff generally performed in the average to
6 low average range on psychological tests measuring executive functioning and memory (Tr. 550-
7 51, 694-696, 824-26). Testing suggested that he would have no difficulty performing even
8 detailed and complex tasks (Tr. 696-97). The ALJ appropriately weighed the objective medical
9 findings suggesting Plaintiff retained substantial mental function along with her other valid
10 reasons when deciding to discount Plaintiff's allegations of debilitating symptoms.

11 The Court finds that these were all legally sufficient reasons on which the ALJ could
12 properly rely to support an adverse credibility determination because an ALJ may base an
13 adverse credibility determination on evidence of improvement or fair response from treatment.
14 The Court therefore defers to the ALJ's credibility determination. *See Lasich v. Astrue*, 252
15 Fed.Appx. 823, 825 (9th Cir. 2007) (court will defer to Administration's credibility
16 determination when the proper process is used and proper reasons for the decision are provided);
17 *accord Flaten v. Secretary of Health & Human Services*, 44 F.3d 1453, 1464 (9th Cir. 1995).

18 CONCLUSION

19 For the foregoing reasons, the Court **AFFIRMS** the Commissioner's final decision and
20 **DISMISSES** this case with prejudice.

21 DATED this 10th day of July, 2018.

22 

23 BRIAN A. TSUCHIDA
Chief United States Magistrate Judge